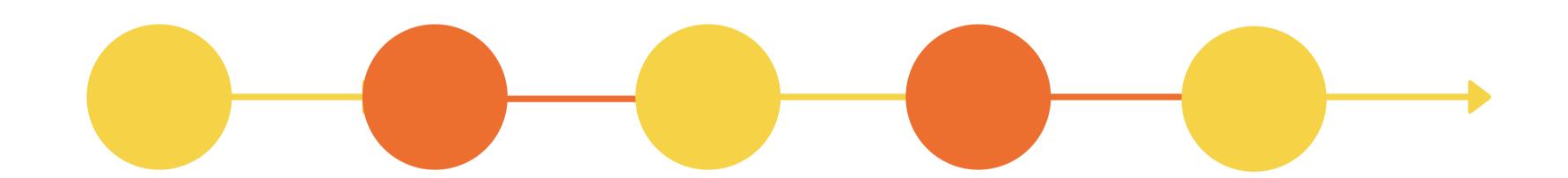


#REBUILD TOGETHER

2022 IMPACT REPORT



OUR 2022 ACCOMPLISHMENTS



Funded more than

205 therapy
sessions for
formerly
incarcerated
community members

of color

Connected more than 417 Black community members to Black therapists

6 Darkness
RISING: Live 5
events in
Brooklyn,
Queens, Harlem,
the Bronx, Staten
Island and NC

More than 474

Black Mental

Health Resource

Packet online

downloads,

2000+ in person

10 Community and/or
Wellness Wednesday
Workshops with community
members, Black wellness
educators and providers with
829 attendees.

2022: A YEAR OF GROWTH

We grew our leadership by expanding our Board.



We launched REBUILD and Find Me a Therapist, providing jobs for our formerly incarcerated community members and up to 10 sessions of free therapy for community members of color.

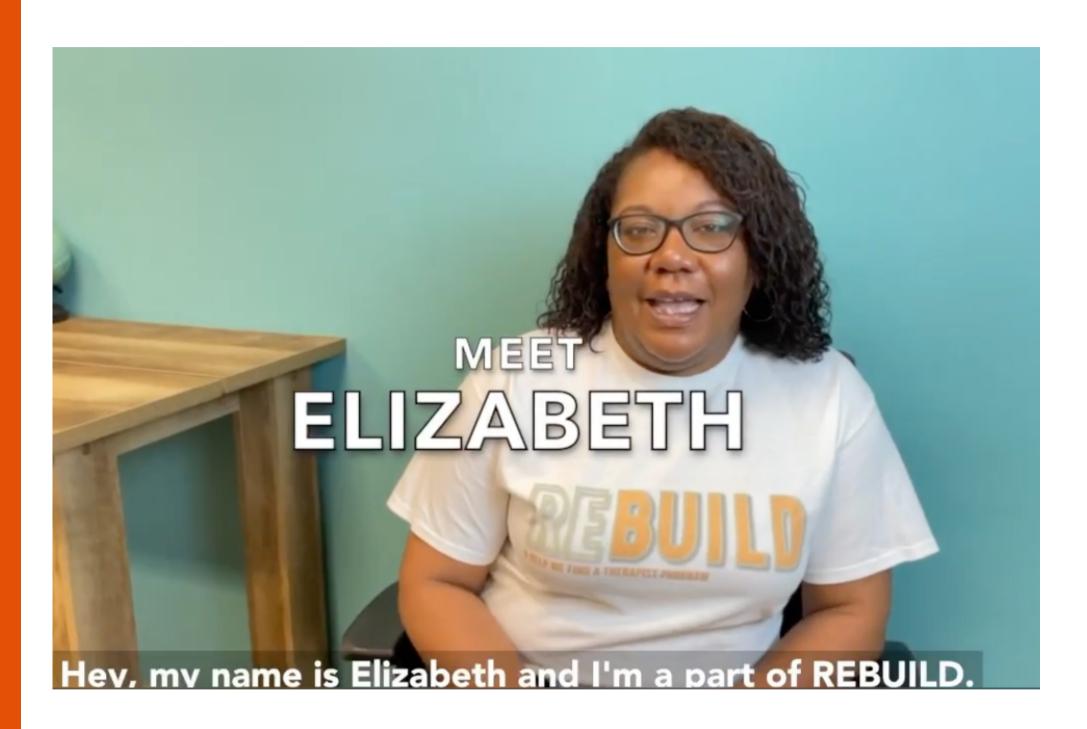
We hired our Operations Director, Antuan Byers and our second full time team member, Kyma Lassiter as our Community Engagement Coordinator.

We created a safe and supportive environment by providing wellness stipends for our REBUILD Team members.

We expanded Darkness RISING: Live from 1 Black mental health block party to 6 events in 6 locations, added free live wellness workshops with licensed providers, community yoga, African dance and more.



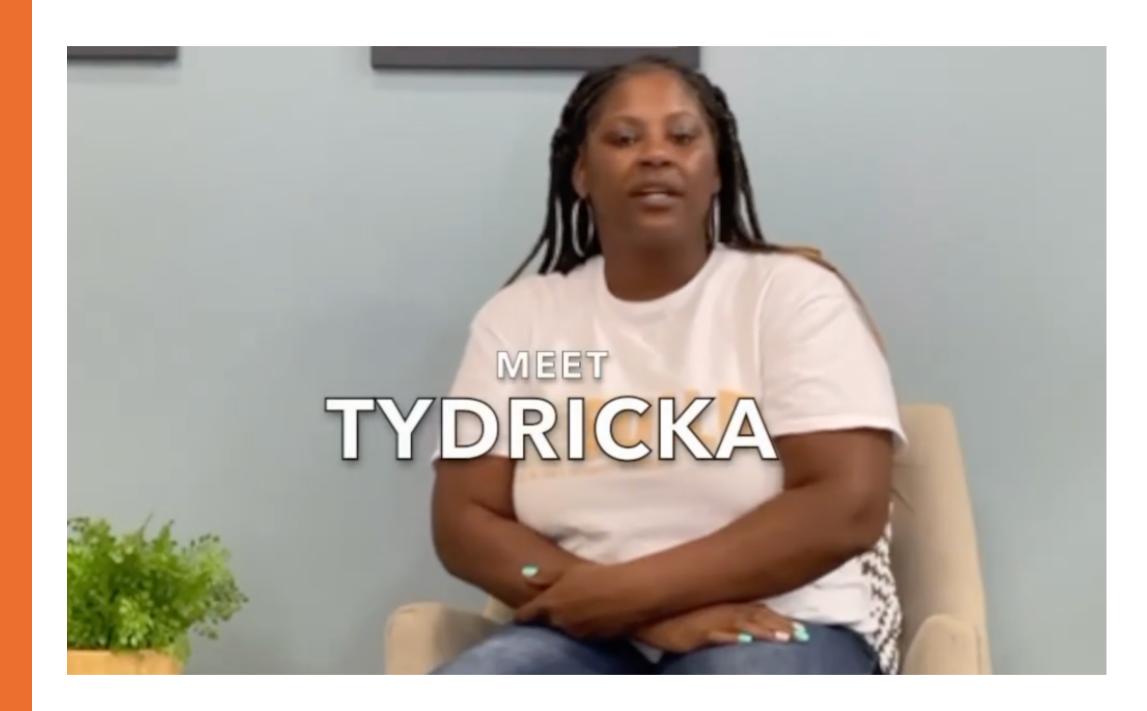
OUR STORIES



Elizabeth REBUILD Program Coordinator



OUR STORIES



Tydricka REBUILD Therapist Connector

ARTISTS

Lillias White

Lavon Fisher-Wilson

Jordan Donica

Aisha Jackson

Nick Rashad Burroughs

Ayana George

Sidney DuPont

Jarran Muse

Ashley Ware Jenkins

JoNathan Michael

Alexia Sielo Velazquez

Daria Jones

Miki Abraham

Jade Jones

Alexis Tidwell

Carly Jones

Gene Hoskins

Brennyn Lark

Shy Palmer

Carlita Victoria

Anesisa Renee

Moriah Linton

EJ Thorne

DL Zene

Gene Hoskins

Theresa Renee

Elizabeth Adabale

Sheniqua Trotman

Jason Williams

Khalifa White



WELLNESS WEDNESDAY SPEAKERS

Tamar Draughn Trevor Clarke Cynthia White

Cynthia Dieyi

Kevnesha Boyd

Dr. Nola McPherson

EVENT SPEAKERS

Adrienne Charleston
Alexander Hardy
Aminah Imani
Dr. Jamila Codrington
Brianna Baker
Imari Hardon
Courtney Fearrington
Vince Change





MARIAME KABA BEAM

STEP UP DURHAM

TISCH ILLUMINATION FUND

NC ARTS COUNCIL

BROOKLYN ARTS COUNCIL

BOREALIS PHILANTHROPY

BLMF

KNOW YOUR RIGHTS CAMP

FREEAMERICA

INTERUPPTING CRIMINALIZATION

MARGARET KC FOUNDATION

THE KENNEDY CENTER

DADA FUND

STATEN ISLAND ALUMNAE CHAPTER OF

DELTA SIGMA THETA SORORITY, INC.

BROOKLYN ALUMNAE CHAPTER OF

DELTA SIGMA THETA SORORITY INC.

WOMEN BEYOND MEASURES

EAST SIDE HOUSE SETTLEMENT

PHOENIX PROFESSIONAL SERVICES

NC BLACK ALLIANCE

EMERGENT FUND

BROADWAY FOR RACIAL JUSTICE

NIKHIL SABOO

CRISSY SHINED NAILS

BLACK BROADWAY MEN

SUCCESS WHILE IN TRANSITION

SG WELLNESS

PREMINI EVENTS

HARRIET TUBMAN EFFECT

HAYTI HERITAGE CENTER

NC THEATRE

CITY OF RALEIGH

Q'S KITCHEN

CULTURELAB

DARK KNIGHT PRODUCTIONS

K97.5 RADIO, DJ REMEDY & AYEEEDUBB

NY ASSOCIATION OF BLACK PSYCHOLOGISTS

JUST PRACTICE

CHICAGO COMMUNITY BOND FUND



In January 2022, Darkness RISING Project launched REBUILD, a free service which connects formerly incarcerated individuals to a therapist of color.

Our team consists of 5 part-time and 2 full-time staff members who are formerly incarcerated people or have lived experience with mental health challenges. These team members assist with matching formerly incarcerated and justice involved individuals with therapists of color. This assistance includes finding and vetting therapists, scheduling therapy appointments, and continued outreach to therapy seekers.

To date, REBUILD has covered therapy costs for more than 205 sessions. With additional funds, REBUILD can continue subsidizing therapy costs for formerly incarcerated people of color.



Formerly incarcerated members have been connected to a therapist.



People reached through our programs, social media and online content.



Therapy sessions have been funded.

WHAT PEOPLE ARE SAYING

Q.L.

Therapy Seeker

"After the gift of 10 free sessions from REBUILD with a woman of color in the same area I'm from – I have packed my toolbox with even more irreplaceable tools."



F.K.

Therapy Seeker

"For someone who is in transition, being able to get professional help and great resources made all the difference. I will definitely pass REBUILD on to the next person in need."

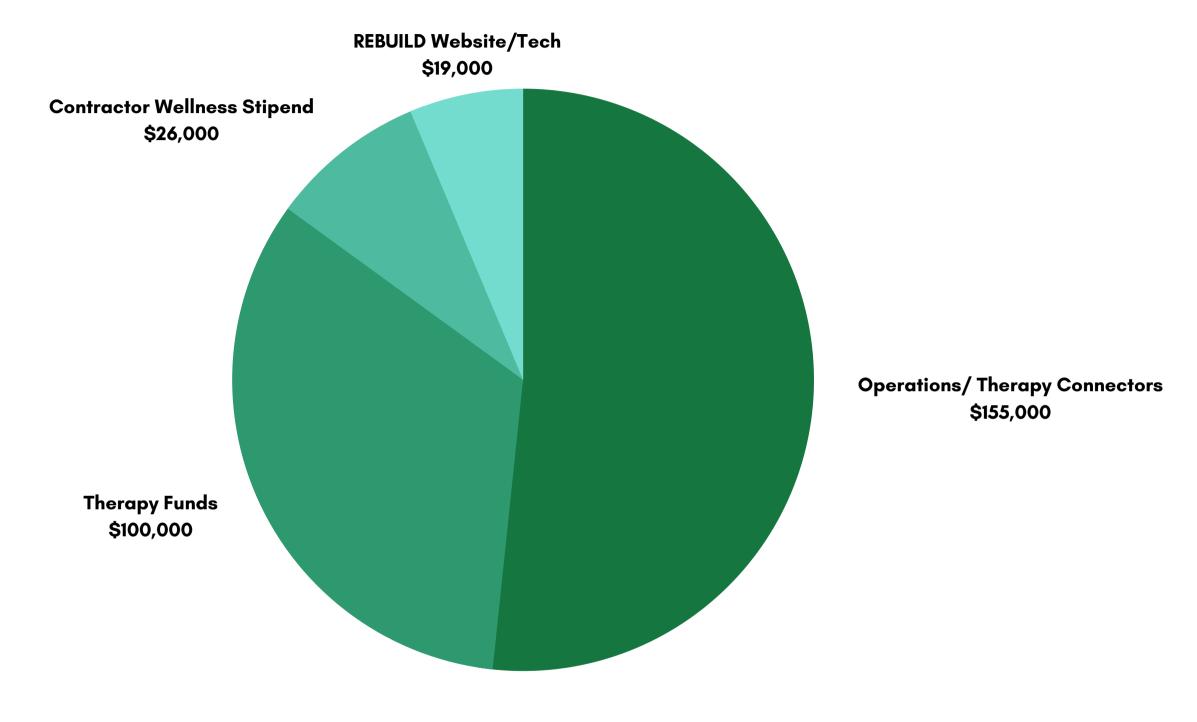
T.L Therapist Connector

"I was incarcerated for 76 months. Having the experience of working for Darkness RISING is so comforting because I'm supported by people who can relate to my story."



Become a Donor Today

Your donations will allow us to continue providing free mental health resources.





Our goal is to continue to provide formerly incarcerated people of color with free mental health services.

Our Goal: \$300,000

\$156,402 52%



How To Give

Help us connect formerly incarcerated and criminalized people of color to therapists of color.

Online

BIT.LY/DRPGIVE

Check

CHECKS SHOULD BE MADE PAYABLE TO:

DARKNESS RISING PROJECT

CHECKS SHOULD BE MAILED TO: P.O. BOX 33603 RALEIGH, NC 27636