



BLACK BROADWAY FOR BLACK MENTAL HEALTH









Darkness RISING Project is a 501c3 Black mental health nonprofit based in New York.

WWW.DARKNESSRISINGPROJECT.ORG



### **ABOUT**

Darkness RISING is a 501(c)3 nonprofit created to help those in the Black community begin conversations with their family, coworkers, and friends about their mental health and emotional well-being. We accomplish this by partnering with mental health providers and/or mental health educators to create events, seminars, and sessions where the intersection between mental health education and the arts collide.

#### MISSION STATEMENT

Darkness RISING Project Nonprofit aims to:

- Improve the health and wellness of the Black community
- Raise awareness about mental health in our community
- Empower and engage our community via resources, events and services
- Erase the negative stigma of mental health issues.

Darkness RISING Project artists have performed in Broadway shows such as:

ALADDIN, THE LION KING, HAMILTON. DREAMGIRLS. BEAUTIFUL, MOTOWN. SUMMER, THE COLOR PURPLE, MEMPHIS. MJ MUSICAL. SISTER ACT

And more...

#### COMMUNITIES PARTNERS SERVED

- Black community
- **BIPOC**
- LGTBQIA
- Brooklyn-based
- Artists
- All those in need of mental health support

- Brooklyn Arts Council
- **Brooklyn Borough President's Office**
- Lloyd's
- Goldbelly
- Cargill
- Kaiser's Room
- ALMA NYC









#### DARKNESS RISING PROMO + DARKNESS RISING: LIVE

CLICK TO WATCH



BRAND NEW DAY featuring Mykal Kilgore, Aisha Jackson, Antoine L. Smith, Destinee Rea and more!

**CLICK TO WATCH** 



**HOW FAR I'LL GO** 

**CLICK TO WATCH** 







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@fb.com/darkness
risingproject



Darkness RISING Project

#iamdarknessrising



### **PROGRAMS**

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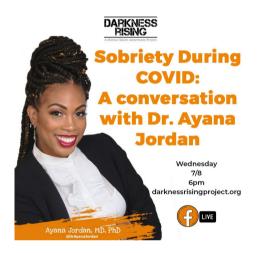
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Darkness RISING Project

#### WELLNESS WORKSHOPS

We partner with Black mental health providers to offer free wellness workshops throughout the year, including: Meditation, Fitness, Yoga, Adult Coloring, Mental Health Education, Community Forums & more.





#### MENTAL HEALTH RESOURCES

We provide a <u>Black Mental Health Provider Database</u> on our website. We also offer our free Black Mental Health Resource Packet, which includes databases of Black therapists, apps, podcasts, blogs, advocates and more.



## DARKNESS RISING: LIVE + MUSIC & MENTAL HEALTH

Our Broadway singers perform at live events and virtually, singing songs of hope. Our video series includes singing, dancing + conversations about mental health. This is made possible by the Brooklyn Arts Fund.



# WORD ON THE STREET

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Darkness RISING Project

#### TESTIMONIALS



"Darkness RISING is an **incredible resource** for things I never knew I needed. It feels great to being Black and having a space where I can connect with my peers about mental health. The live events are **full of incredible talent** and so impactful on life. You walk in and out feeling completely refreshed. I'm so thankful for Darkness RISING!" - Josh H.

"I am forever grateful for the role Darkness RISING has played in my own mental health journey. I have been encouraged by beautiful, generous, brave and open individuals who use their talents to create art, share personal experiences and provide hope to those who may be struggling with mental health and the stigmas surrounding it. Through ripple effects, I have been inspired to seek therapy myself, and now encourage others to do the same.



#### CONTACT/BOOKING



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(929) 251-5121



darknessrisingproject.org



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